



# University of the Incarnate Word



## UIW Invitational

Tom Benson Track Stadium  
San Antonio, TX  
Friday, February 27, 2010

Welcome!!

We are delighted to have you and your teams represented at our 1<sup>st</sup> Annual UIW Invitational. We hope that your experience is a great one and brings you back for many years to come. Again, welcome and thank you for your attendance. Great Competition to you ALL!!

### **Start Time:**

12:00 Noon: Field Events  
3:30 p.m.: Running Events

### **Site:**

Tom Benson Track Stadium, University of the Incarnate Word, 4301 Broadway, San Antonio, TX 78209

### **Entry Guidelines:**

This is a Collegiate Meet Only. Unattached athletes are welcome. All entries must be completed via Direct Athletics website at [www.directathletics.com](http://www.directathletics.com) Unattached athletes may enter up to 3 events.

### **Entry Fee:**

\$275.00 (Both Men & Women)  
\$150.00 (Men or Women)  
\$15.00 (Unattached) Up to 3 events

### **Entry Deadline:**

All entries **must be completed by February 24, 2010** (12:00 Midnight). NO LATE ENTRIES ACCEPTED!!

### **Payments:**

All payments are due to the University of Incarnate Word Track & Field Office on February 27, 2010. No Payment, No entry. **All payments can be submitted during packet pick-up.**

### **Packet Pick-up:**

All packets are available for pick-up in the Lobby of the Convocation Center (next to the track) February 27<sup>th</sup> from 9:00 a.m.-2:00 p.m.





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## **Participants and Coaches Credentials:**

All athletes and coaches will receive wristbands to enter and compete. Wristbands must be worn throughout the day. No wristband, No entry, No competition. There will be a replacement fee of \$2.00 for lost wristbands.

## **Spectator Fee:**

Free: 0-5 Years & UIW Track Booster Members with membership card

\$3.00: 6-11 Years

\$5.00: 12 & Older

## **Timing:**

Hy-Tek

## **Advancement:**

All Running Events are Timed Finals. Field Events: Preliminary and finals. (10) Advance to finals, (8) Collegiate + (2) Unattached.

## **Awards:**

T-Shirts awarded to the **top finisher** of each event and the top relay team.

## **Warm-up:**

The track will be open on February 27<sup>th</sup> from 9:00-11:45 a.m. for warm-ups.

## **Coaching Areas:**

There will be a designated area for coaches at the respective competition sites

## **Implement Check:**

Implement weigh-in will be located near the entry gate on the west end of the facility. Open from 9:00 a.m-1:30 p.m.

## **Pole Vault Certification:**

Competitors must weigh-in and inspect poles in the presence of his/her coach and the head official prior to competition. All NCAA Rules apply.





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## Track/Runway markings:

Regular white athletic tape may be used, **No cones, shoes or chalk allowed!**

## Check-In:

All running event competitors will be required to check-in the clerking tent for their respective event. Announcements will be made periodically for the start of events. All athletes will be checked for proper relay attire, approved spikes and legitimacy of competing. **Field events, report directly to the competition area.**

## Meet Rules:

All NCAA rules will be enforced. There will be **NO** food, gum or drinks allowed on the field or track. All electronic devices, cell phones etc. should be limited to the bleachers and team camp areas. All athletes must be ready to run when reporting to the clerking tent. No additional clothing, bags etc. allowed in this area. UIW/Meet Management reserve the right to dismiss any athlete from competition for violating any NCAA or facility rules.

## Attire:

Each runner of the relay team must have same color uniforms, spikes  $\frac{1}{4}$  "(**NO OMNI, NEEDLE OR CHRISTMAS SPIKES ALLOWED**) and required wrist band. If any runner doesn't follow these rules, he/she will be asked to leave the area to make corrections or be disqualified.

## Results:

All meet results will be posted on the wall behind the bleachers (next to the restrooms) shortly after each race. The complete meet results will be on the UIW website and at [www.tfrs.org](http://www.tfrs.org).

## Seeding/Heating:

Athletes will be heated based on times submitted when entering. **NO TIME CHANGES WILL BE PERMITTED after entry deadline.**

## Medical:

Basic Medical Services are provided on-site courtesy of the UIW Athletic Training staff.

## Parking:

Available: Open areas behind Convocation Center and Ann Barshop Natatorium for vans and buses. There are several Parking Garages for cars. View map, enclosed in this packet.





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## **Shuttle:**

There will be a shuttle service provided to the throwing events at Trinity University. Competing athletes and coaches only allowed on the shuttle. **Times of departure from UIW: 10:45 and 1:15.** The shuttle will leave from the scoreboard and return back to UIW after the completion of the events.

## **Lost & Found**

Any lost items that are found and turned in will be located in the clerking tent. You must have an I.D. to retrieve items.

## **Food:**

There will be full concessions available.

If there are any questions or concerns, please feel free to contact Coach Rosemary DuPree at [rdupree@uiwtx.edu](mailto:rdupree@uiwtx.edu) or 210-832-5650.